

Shaken But Not Stirred

Date: Easter Sunday 21st April

Speakers: Elaine Webster and Becky Stamps

Key Verses: Matthew 28:8-10

Talk Summary:

The ground under our feet might feel like it is shaking because, something has happened. It could be someone we know is sick. Something might have happened at work. Or we might be worried about someone in our family or about something at uni. Lots of things in life can shake us and leave us feeling like we don't know where to put our feet.

When things in our lives are shaking us. We need to go Jesus. We need to leave the house and come to small group. We need to chat to God. To give him the chance to change the situation or to bring us hope so we can face the situation.

Whatever is shaking you at the moment Jesus will break in. He won't leave you alone. He promises he will never leave you, or forsake you. No matter what you do, or where you go.

The way to access solid ground is to give your life to Jesus. It's a step of faith, you may not have all the answers, you may be unsure, you may be shaking. Don't leave here today, to live a life that shakes every

time a hard situation presents itself. It doesn't have to be that way. You can make a change. You can stand on solid ground.

Once we give Jesus our lives he asks us to go to others. The certainty he brings means our strength is something others will ask about. Your life will speak of him because you are on solid ground and not shaking.

Group Discussion Questions:

- Read through the following kids song below (it was an all age service ©).
- Then share times when your journey has been hard.
- What has Jesus done to change the situation or to help you cope with the situation.
- What ways do you recommend to each other to access peace when things are tough.
- Is anyone facing a tough time right now? Pray for them. Pray for Holy Spirit to break in, in the moment and in the situation.
- Encourage everyone to read and meditate on Matthew 7:24-27 this week. Ask them to come back to group next week and share what God says to them through these verses.

"Going On A Journey"

I'm going on a journey down a narrow bumpy road

Going on a journey so that I can learn and grow

Reaching far and wide, an adventure I will find

And it's so great, having Jesus by my side

I'll be stretched so tall

I might wobble but I won't fall In circles, up and down and round the

bend

Step by step, not much longer

For I know I'm getting stronger

And it's so great having Jesus as my friend

I'm going on a journey and I'm heading outward bound

Going on a journey over new and shaky ground

Not on sinking sand but on solid rock I'll stand

And it's so great having Jesus hold my hand

I'm going on a journey to discover and explore

Going on a journey cos it's fun to see some more

Such an awesome sight, when I reach the highest height

And it's so great having Jesus in my life